



## Shiitake Mushroom Kits

Shiitake mushroom kits are one of the fastest to fruit. We incubate them for a minimum of 8-12 weeks so they are ready to burst out with mushrooms as soon as they arrive.

### To start you will need:

- A large bucket or a 30-50L plastic container to fruit them in.  
(Bunnings sell them for approximately \$7)
- A waterproof table for the mushroom kit to sit on.  
(Eg: A brick or a plastic lunch container)

### Step 1

Open your Ready-to-Grow Mushroom kit box and check the label on the bag inside to determine Ready-to-Grow Mushroom kit species.

### Step 2

Are you ready to use the Ready-to-Grow Mushroom kit?

**If the answer is no**, place the kit in a cold fridge (1-5 degrees).

Mushrooms kits can be kept in the fridge for up to 8 weeks.

**If the answer is yes** move on to Step 3.

### Step 3

Take your kit bag out of the box.

### Step 4

Fill the bag with cold tap water until the block is under water.

### Step 5 - Soak

Place the bag in the fridge for 5-10 hours to cold shock the block.

(Don't soak for too long or the block can get water logged).

**Wait! I see mushrooms coming through. Do I still soak?**

Yes, still soak. But move quickly as the block is getting ready to fruit.



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### **Step 6 - Set up fruiting container and start growing.**

Set up your fruiting container by placing your 'waterproof table' in the bucket/container.

### **Step 7**

Add about 0.5cm of water to the bottom of the bucket/container (this will help keep it humid).

### **Step 8**

Drain the water from the mushroom kit bag in the sink or garden.

### **Step 9**

Remove the mushroom block from the plastic bag and sit it on your waterproof table out of the water. Place the containers lid down allowing air gaps.

Please Note: If you are using a plastic container, 1/4 turn the lid, (leaving 4 air gaps in each corner), OR, if using a bucket place cling wrap over 80% of the top of the bucket to allow fresh air and light to get in.

### **Step 10**

Mist the walls of your container with water 1-3 times per day as needed to keep it humid.

Mist the block with water 1-2 times per day until the pins start to form.

NOTE: Stop spraying the block directly when mushrooms start growing.

### **Step 11**

Harvest all of the mushrooms at once, then, rest your block somewhere dry for approximately 6 weeks. During this time it will fully dry out.

### **Step 12**

Head back up to Step 1 and begin again, your next flush.

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## **Frequently Asked Questions**

### **Where can I keep my mushroom kit?**

Keep your container somewhere it will have shaded light, (enough to read a book).

Mushrooms need light to colour and for vitamin D.

### **Do mushrooms grow in the dark?**

Mushrooms need light to grow, similar to reading light. Please do not keep it in a dark cupboard as they will grow malnourished from the lack of Vitamin D and may look like something out of a sci-fi thriller.

### **My block has dried out? What do I do?**

After 2-3 flushes your block may need re-hydrating, do this by soaking the block in cold water for 5-12 hours.

### **What is all of the dust dropping from my fruited block?**

These are the spores (seeds). Some people can have allergies toward the spores.

We suggest harvesting and consuming pre-spore release. Store them in an area that keeps you safe, for example a bathroom, laundry or terrarium.

### **The mushroom block is getting smaller each harvest? What is happening?**

The substrate block/log is the mushrooms food & will break down between harvests.

### **How do I know my Mushroom kit isn't going to bring foreign pathogens into my home?**

All of Aussie Mushroom Supplies kits are made in our Class-100 laboratory.

We offer a 'Certificate of Sterilisation' upon request.

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## Shiitake Mushroom Kits



Mushrooms starting to grow.



Baby shiitake pins coming through.



Mist the container only now fruiting.



Mushrooms are coming along well.



**PICK NOW!** Perfect size and shape to pick & eat!



Little over grown but caps edges are still curling down. Still edible.



Caps edges have curled upwards. It is releasing spores. Do not eat.



Stale. Do not eat.

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